

HEALTHY ms

PRE-CONFERENCE

JUNE 2, 2025 | 5 PM – 9 PM

Sheraton Flowood Refuge Hotel and Conference Center
2200 Refuge Blvd, Flowood, MS



MAN CAVE

Men
Actively
Nurturing Their Health
Connecting
Adding
Value and
Elevating

Join Us for an Evening of Strength, Bold Conversations,
Networking and Building Community

- Expert Speakers on Men's Health
- Round-Table Discussions
- Great Food & Music
- Networking Opportunities
- Exciting Door Prizes
- Cost to Attend: FREE!



Barbers Reaching Out to Help
Educate on Routine Screenings



Scan to Register!